

Annual Dana of SAQSeniors

Sukhita Honthu Gnathayo- may our departed relatives be joyous!

Deeply acknowledging the power of gratitude, an alms giving is held each year by members of SAQ Seniors, to pass on merit to departed members and relatives of members who have helped establish a powerful platform for Sri Lankan seniors in Brisbane. This year the Dana was offered to the venerable monks at Goodna Temple on Saturday 8 August by a gathering of more than 50 members of SAQSeniors.

SAQSeniors was established in 1998 to serve the needs of seniors, especially to address issues of isolation and dislocation of seniors of those early years, who were primarily parents of first generation Sri Lankan migrants, who had joined their adult children to spend their autumnal years in an alien country their children had decided to call 'home'. As time passed and the first generation of adult migrants began to age, the needs of seniors have changed. Today's Sri Lankan seniors in their mature years and retirement seek information on graceful and useful aging- ways and means of maintaining health and well being and being useful members of the community.

SAQSeniors is a service provided by the Sinhala Association of Queensland whose motto is - serving the community.

The membership of SAQSeniors is open to anyone over the age of 50 years and of Sri Lankan heritage.

For more information please contact SAQSeniors Convenor Sirilal Gunasekera on 3276 8162.

Sugee Kannangara

